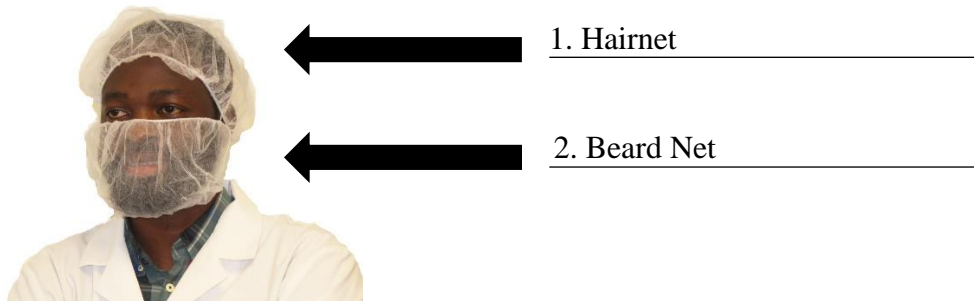


**Unit 1: Hair Restraints Assessment Answer Key**  
Online Food Safety Training for New Mexico Food Manufacturing Employees  
Good Manufacturing Practices: Personnel

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1. Label the two types of hair restraints in the pictures shown below.



**Answer:** Hairnets and beard nets are the easiest and safest types of hair restraints for food manufacturing employees to use. Hairnets and beard nets protect food from human hair as a physical contaminant.

2. Below are four pictures. Draw a circle around the pictures of food workers who are wearing hair restraints correctly.

1.



2.



3.



4.



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**Answer:**

Picture 1: Incorrectly- The food manufacturing employee should also be wearing a beard net.

Picture 2: Correctly- The food manufacturing employee is wearing the hairnet correctly.

Picture 3: Incorrectly- The food manufacturing employee should be wearing a hairnet.

Picture 4: Correctly- The food manufacturing employee is wearing the hairnet correctly.

3. Which of the following hazard/hazards is likely to occur if a food worker fails to wear hair restraints correctly?

- a) The loose hair can get caught in machinery/equipment.
- b) Loose hair in food can cause the consumer to have a bad experience.
- c) The loose hair can become a contaminant in food.
- d) All the above answers are correct.

**Answer:** All the above answers are correct because the answer choices describe hazards that are likely to occur if a food manufacturing employee fails to wear hair restraints correctly.