



# New Mexico 4-H Greentop Project Guide



New Mexico 4-H Is A Program of New Mexico State University's Cooperative Extension Service

**400.F-51  
(N-2004)**

## **New Mexico Roundup**

4-H members will be introduced to the variety of New Mexico foods and the culture that brings those foods to us.

You will learn:

- About some of New Mexico's history and traditions
- How to grow pumpkins
- How to prepare foods from New Mexico's agricultural products
- How to plan a one-day menu using the *New Mexico Foodscape*
- How to twist or braid a rope and use it in a craft project
- How to weave miniature saddle blankets

## **Materials that are Included With this Project**

- 4-H Project Record Sheet 300.A-7 (R-02)
- New Mexico Flavor Greentop 400.F-51 (N-04)
- New Mexico Flavor 100.F-51 (R-98)

## **What Can Be Done?**

### **Club:**

Give demonstrations on:

New Mexico's history and traditions

Growing pumpkins

Preparing foods from New Mexico's agricultural products

How to plan a one-day menu using the *New Mexico Foodscape*

How to twist or braid a rope

How to weave miniature saddle blankets

Participate in a bicycle rodeo

Visit local gardens

Attend a rodeo

Visit a local ranch or dairy

Invite a rodeo participant, announcer or clown

New Mexico State University is an equal opportunity/affirmative action employer and educator.  
NMSU and the U.S. Department of Agriculture cooperating.

**County:**

Enter a project made from handmade rope  
Enter a set of 4 mug rugs  
Enter a plate of 3 sourdough biscuits  
Enter a plate of beef jerky (4 strips)  
Enter a pumpkin  
Enter a rodeo flag  
Enter presentations or public speaking county contests  
Participate in Favorite Foods at County Contests

**District/State:**

Give a presentation or speech at District or State Contests  
Participate in Favorite Foods at District or State Contests

**Other Relevant Projects**

New Mexico Flavor	Introduces the rich culture and importance of agriculture in New Mexico.
Uniquely New Mexico	appreciate, preserve and share the heritage of New Mexico
Public Speaking	give a speech on the Land of Enchantment.
Wildlife	learn about animals native to New Mexico
Wood Science	create southwest designs out of wood
Family Life	talk to older people who have lived in New Mexico and learn about our history
Fibercraft	learn to make southwest crafts from yarn and other textiles
Creative Touches	embellish clothes with a New Mexico flare
Foods & Nutrition	learn more about nutrition and New Mexican foods
Housing & Interior Design	decorate your room in traditional New Mexican style
Arts & Crafts	create southwest and New Mexican crafts or artwork
Rodeo	learn more about rodeo in New Mexico and compete in 4-H events