

Leaderline

October
November
December 2021



A Quarterly Newsletter to Volunteer Leaders Providing 4-H News in New Mexico

Looking Forward to Leaders' Forum for Ideas

By *Laura Bittner*
Interim Department Head
New Mexico 4-H and Youth Development Program

This morning when I let the dogs out, I noticed it...that slight little chill in the air indicating summer is winding down and fall will soon be greeting us. The change in seasons is one of my most favorite things about living in New Mexico. Quite honestly, a “change” in seasons might very well be the only change I really enjoy.

The past 18 months have forced us all to navigate change...never-ending, sometimes difficult, occasionally frustrating, character-building change. Mark Twain is noted as having said, “No one likes change but a wet baby.” I get it, Mark Twain, I really do!



Photo by Mika Baumeister on unsplash.com

Our upcoming Leader’s Forum will give us time to reflect on the past year and possible changes in practice we might make or changes in knowledge we will gain to better support our youth. I look

(See Looking Forward on page 2)

In this issue

Looking Forward to Leaders' Forum for Ideas	1	New Mexico State 4-H Portfolios	10
Communication Skills.....	2	New Mexico 4-H Parliamentary Procedure Invitational Contest	10
New Mexico 4-H Adult Forum 2021 Workshops.....	3	Community Service Scholarship Applications.....	10
2021-2022 State 4-H Leadership Team.....	4	14th Annual NM 4-H Home Economics School.....	11
National 4-H Week is October 3-9.....	6	Updated 4-H Project and Curriculum Catalog.....	11
Tractor Supply Fall Paper Clover.....	6	Senior Leadership Retreat 2022.....	11
Shooting Sports Leader Certification	8	Resources and Educational Videos and Webpages	11
2021 Shooting Sports National Championships	8	Zoom Meeting Etiquette for Participants	11
4-H Rodeo	8	Photo Contest Winners	12
Need to See the New Mexico State 4-H Rodeo Bylaws?	8	Submit Your 4-H Record Book Story.....	13
Save the Date: New Mexico State Shooting Sports	8	New Mexico State 4-H 2021 Buckles.....	14
Galactic Quest 2021 4-H STEM Challenge	9	Take 10 with 4-H.....	14
Free Downloads: The Nurturing Power of Nature.....	9	Calendar of Events.....	15
2022 Citizenship Washington Focus	10		



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The College of Agricultural, Consumer and Environmental Sciences is an engine for economic and community development in New Mexico, improving the lives of New Mexicans through academic, research, and extension programs. New Mexico 4-H is happy to send you this educational material. These services are financed jointly by the county, state, and federal governments. The Cooperative Extension Service is represented in every county in the state by a staff of local agents in agriculture and resource development, family and consumer sciences, and 4-H youth development work.

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Communication Skills

By Newt McCarty
State 4-H Agent
Aggie Next Step Program,
4-H and Youth Development

Communicating effectively may be the most important life skill, yet everyone has experienced the consequences of poor communication. There are tremendous costs associated with miscommunication or lack of communication. Miscommunication can cost us time, friendships, career and even loss of life.

Fortunately, communication skills can be learned, even for adults.

Teaching youth to be good communicators not only builds self-confidence but gives them tools necessary to be successful in relationships, school, and their career. In multiple surveys, employers list communication skills in the top three most important skills for new hires.

What are Communication Skills?

Communication skills are tools used in giving and receiving multiple types of information including ideas, feelings, and tasks. Some of the top communication skills for youth to learn include clarity, empathy, listening, confidence, respect, nonverbal communication, feedback, and being open-minded.

- **Clarity**

Convey your message clearly, and directly with as few words as

(See **Communication Skills** on page 7)

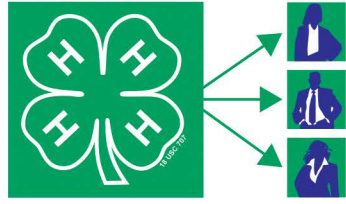
Looking Forward

(Continued from page 1)

forward to visiting with you during this time to learn of your ideas and thoughts on how we can improve New Mexico 4-H and more effectively navigate changes that lie ahead in a new 4-H year.

If you have ideas you would like to share prior to Leader's Forum, I would love to visit with you! I am immensely grateful for those of you who have reached out to me, particularly this past year, to share your thoughts and experience. You and our conversations are incredibly helpful.

Something that has not changed is your commitment to ensure youth develop skills that will help them face life's challenges head-on and succeed. Thank you for your continued dedication, effort, and example. You are not only inspiring to the youth you serve but to all of us!



4-H Leaders' Association Connection

New Mexico 4-H Adult Forum 2021 Workshops

By Cheryl Butterfield
State 4-H Agent
Volunteer Leadership Development

Save the date for November 6, 2021, for these New Mexico 4-H Adult Forum workshops:

Uniquely NM – Sand Art

Kylie Armstrong, Union County
Extension Program Assistant

This workshop is an introduction to the Uniquely NM Project with Sand Art Activity Demo.

Project Minutes

Halee Prather, Curry County
Extension 4-H Youth Development
Agent

Project Minutes are a brief, 1 to 3 minute introduction to a 4-H project with a simple activity that 4-Hers can do at home. This is perfect for new members to learn about all of the projects offered through 4-H and a great resource to encourage prior members to try something new!

Community Service Made Easy

Cindy Grooms and Jeanette Coletti,
Doña Ana County 4-H Leaders

This hands-on workshop will explore a variety of community service ideas that can be done at the club and county levels. Participants will help with a forum community service

project as part of the workshop.

Tech Tips Online Quiz Bowl Practice

Dr. Jason Turner,
Extension Horse Specialist
and Ryan Craig, Roosevelt
County 4-H Agent

The March 2021
Online Horse Bowl

Tournament was a huge success. In this workshop, we'll show you how to use technology to conduct quiz bowl practice from youths' homes when you can't gather them together in one place at the same time.

Beginning Robotics: Easy Operation and Coding

Dr. Peter Skelton, Youth Agriscience
Education Specialist and Youth
Agricultural Science Center Director

This workshop is designed to introduce volunteers to 4-H science trunks available to them through the State 4-H office. Volunteers will learn basic robotics operation and coding using easy to use Ozobots. Ozobots are small robots designed to introduce coding concepts using colored line combinations to move the Ozobot on a path from one location to another.

QPR – Question, Persuade, Refer. Let's Learn to Talk



About Suicide

Desaree Jimenez, Los Alamos FCS
Agent and Susann Mikkelson, Quay
County FCS Agent

Are you working with youth who may be at risk for suicide? There are 130 suicides in the U.S. everyday; and New Mexico has the 4th highest suicide rate in the nation. QPR is intended to offer hope through positive action. By learning QPR, participants will learn to recognize warning signs, clues and suicidal communications of people in trouble, and gain skills to prevent tragedy. Ask a question, save a life!

Making the Connection...4-H to Life!

Dr. Laura Bittner, State 4-H Interim
Department Head and
Cheryl Butterfield, State 4-H
Agent, Volunteer and Leadership
Development

Let's discuss the importance of being intentional in helping

(See Forum Workshops on page 14)

2021-2022 State 4-H Leadership Team



Christopher Turner



Gavin Morrow



Kyleigh Kelley

Christopher Turner

State 4-H President

Hello! My name is Christopher Turner I am from Santa Fe county, and I'm currently serving as the 2021-2022 State 4-H President! Throughout my life I've had the opportunity to experience amazing things in so many areas, but by far the most impactful has been my time spent in 4-H. I got into 4-H when I was about five thanks to some older friends, and for a long time I didn't know everything 4-H had to offer. When I was younger I wasn't really in the mood to participate as a team or try and learn new things. I saw all these older members who knew what they were doing and

I felt really scared to try and join in. But instead of sitting in the corner and being alone an older member came up to me and made sure to get me involved. It was that moment that I learned 4-H was a place where I'd always be included and I'd always have a friend. I learned that I'd have the opportunity to learn just about any skill I wanted, and that there was always room to keep growing. 4-H became a family to me and I am truly honored to have the opportunity to serve as the State 4-H President. I can't thank everyone enough; and I hope that we can continue impacting New Mexico 4-H in the most positive ways.

Stay tuned for the rest of the Leadership Team in the January-February-March 2022 Leaderline newsletter!

Gavin Morrow

State 4-H Vice President

Hey, Hey New Mexico 4-H! It's Gavin Morrow, your 2021-2022 State Vice President. My love for Navajo Pearls, good stock, and Texas country music don't go unnoticed. I am so excited to serve this year!

When I first started in New Mexico 4-H I was a shy kid. I was one of those kids who never wanted to meet people and try new things...until I got talked into going to YGA. I didn't know anyone, I didn't even know all of my county, but something changed.

See Leadership Team on page 5



Meet the 2021-2022 New Mexico State 4-H Leadership Team

President



Christopher Turner
Santa Fe County

Vice President



Gavin Morrow
Union County

Secretary



Kyleigh Kelley
Valencia County

Reporter



Cassidy Jimenez
Rio Arriba County

Song & Recreation Leader



Alex Singer
Otero County

Ambassador



Jenna Lopez
Quay County

Focus
On
Leadership



Ambassador



Addison Mitchell Ullom
Santa Fe County

Focus
On
Livestock

Leadership Team

(Continued from page 4)

That weekend I came out of my shell, I learned how to hold a conversation and try something new. I am not one of those people who like to try new things, but 4-H has changed that for me. I now am an outgoing extrovert who can never stop talking, thanks to New Mexico 4-H. Now I love to talk and meet new people, I learned just because it is out of my comfort zone doesn't mean it is bad.

Thanks to 4-H, I don't fight while giving speeches, I can hold a conversation not only with adults, but with younger kids who are just getting started. 4-H has taught me that I could do anything I put my mind to...

like becoming a state officer. New Mexico 4-H has also taught me that just being a friend to someone lights a spark in them, so they believe in themselves and it creates a chain reaction. Now let's get this year started!

Kyleigh Kelley State 4-H Secretary

Hey there! My name is Kyleigh Kelley, your 2021- 2022 State 4-H Secretary! I'm from Valencia County. I have been apart of 4-H for 8 years now.

I remember watching my club officers and thinking, "I want to be just like them when I'm older." They made me feel included and welcomed. Because of these amazing leaders, I was able to better my leadership skills and use them in my community. This program has taught me to believe in myself and the importance of being involved in my community. 4-H has been the most influential aspect of my life this far and is the reason I am who I am today. I am so excited to serve NM 4-H again this year and be that officer that I looked up to when I was a Cloverbud.

National 4 H Week is October 3 – 9

Take advantage of this important week to highlight the remarkable 4-H youth in your communities and showcase the incredible experiences that 4-H offers young people.



**FIND
YOUR
SPARK**

DISCOVER MORE AT [4-H.ORG](https://4-h.org)



Find Your Spark Challenge on Social Media


During National 4-H Week, October 3-9, 2021, share the spark you found in 4-H via social media.

Use hashtags *#FindYourSpark*, *#National4HWeek* and *#nm4h*:



Facebook: facebook.com/NMSU4H

Twitter: twitter.com/nmsu_nm4h

Instagram: instagram.com/nmsu_state4h



IT'S PAPER CLOVER TIME!
OCTOBER 6-17TH 2021
Funds support 4-H camp and leadership activities.



Tractor Supply Fall Paper Clover

Since 2010, Tractor Supply has partnered with 4-H to help create Opportunity4All and raise more than \$14 million through the Paper Clover campaign. The success of these campaigns has impacted over 81,500 youth by providing them with the tools and resources they need to move forward and reach their full potential.

100 percent of funds raised through the bi-annual Paper Clover campaign directly benefits 4-H youth. 90 percent of donations directly support 4-H youth in the state where the funds were raised, and the remaining 10 percent supports the overall mission and growth of 4-H nationally.

Dates for the Fall Paper Clover Campaign are:
October 6 - 17, 2021

Communication Skills

(Continued from page 2)

possible, whether you're communicating in person, by phone, or email.

- **Empathy**
Demonstrating to another person you are listening and heard them, shows you respect their opinions. Showing empathy is as simple as using statements such as "I understand where you are coming from".
- **Listening**
No one enjoys talking with someone who's only interest is getting their two cents in and not what the other person has to say.
- **Confidence**
Confidence in your interactions with others shows you believe in what you are saying, and can be counted on to follow through. Be careful not to act aggressive or sound arrogant and use a friendly but firm tone.
- **Respect**
People are more open to communicating with someone who conveys respect. Making eye contact, using their name, and actively listening makes people feel appreciated. Avoid distractions and stay focused on them and what they are saying.
- **Nonverbal Communication**
Body language, eye contact, hand gestures, and tone of voice affect how your message is received. Being relaxed, approachable, and using a calm and welcoming tone encourages people to speak openly.
- **Feedback**
Giving and receiving constructive criticism appropriately is important. Encouraging feedback from others shows your willingness to learn and improve. Giving others feedback should increase motivation by balancing praise with opportunities for improvement.
- **Open-Mindedness**
Entering every conversation with an open mind is important in being a good communicator. Your conversations will be more honest and productive if you listen and work

to understand another person's point of view, even if you disagree. This shows respect and that you value them even though you might not agree on everything.

How Do You Teach Communication Skills?

Hands-on and experiential learning opportunities are the best method for teaching and allowing youth to practice communication skills. Providing a safe environment with clear instructions, an opportunity to observe others, and time to reflect creates a great learning experience.

Here are a few methods for teaching communication skills.

- **Role-play**
Role-playing is a common teaching method and a great tool for teaching communication skills. This method allows youth to act out different skills after introducing and discussing them.
Have a conversation with the group about being respectful audience members, having patience, being open-minded, and creating a positive and supportive environment for each other. With these ground rules in place, role-playing is a great way to learn and practice communication skills.
- **Group games**
Interactive and engaging group games is a fun way to teach a variety of skills including verbal and nonverbal communication, persuasion, collaboration, and relationship-building. Group games allow youth to practice passing information to others. Through observation and reflection youth can share ideas and suggestions on how they can improve.
- **Videos**
Select and compile a group of appropriate video clips both fun and serious showing communication failures and successes. During the lesson videos can be paused for group discussion. Discussion questions can include

(See Communication Skills on page 16)

Shooting Sports Leader Certification

By *Craig Painter*
State 4-H Agent
Agriculture and Natural Resources



Dates for our fall training are October 23-24 in Luna County (Deming, NM). We will continue to use the online modules that participants will need to complete prior to attending. The training will begin Saturday at 8:00 AM, October 23, and conclude at noon on October 24. (We will not have a Friday evening session.) The online portion will cover items over history, introduction to 4-H shooting sports, creating high quality programs, and risk management is now available online through Zing-books at a cost of \$20.00 to access that portion of the training. Leaders can go to: www.4-hshootingsportscollege.com to complete this portion. If they have already completed it this year, they are good to go. Cost for the hands-on portion will be \$60.00 and for any questions and information about registration, contact your County Extension Agent.

We are looking at holding a training in Tucumcari tentatively set for February 19-20, 2022, for Archery, Shotgun, and Rifle only to try to catch everyone up and to allow for two certifications in a year.

2021 Shooting Sports National Championships

Congratulations to all the teams that represented New Mexico 4-H at the Shooting Sports National Championships. You represented us well!

.22 Rifle -

Doña Ana County - 15th Place

Muzzleloader -

Lea County - 8th Place

.22 Pistol -

Doña Ana County - 10th Place

Compound Archery -

San Juan County - 8th Place

Recurve Archery -

Bernalillo County - 12th Place

Hunting -

Hidalgo County - 8th Place

Shotgun -

Grant County - 24th Place

Save the Date: New Mexico State Shooting Sports

- 2022 State 4-H Shooting Sports Leadership Summit - March 18-20, NRA Whittington Center - Raton, NM
- 2022 State 4-H Shooting Sports Championships - May 6-8, NRA Whittington Center - Raton, NM

Visit the 4-H Shooting Sports page:

<https://aces.nmsu.edu/4h/4-h-shooting-sports-.html>

Need to See the New Mexico State 4-H Rodeo Bylaws?

Go to
<https://aces.nmsu.edu/4h/documents/4h-rodeo-bylaws-revised-2017-b.pdf>

Photo by bharath G S on unsplash.com

4-H Rodeo

By *Craig Painter*
State 4-H Agent
Agriculture and Natural Resources

Do you or any registered volunteer in your county have an interest in the State Rodeo Board? The Board is taking applications for members and the applications are due by January 1, 2022. The application can be found on the State 4-H website under the rodeo tab. Contact your 4-H Agent for more information.



Galactic Quest 2021 4-H STEM Challenge

By Peter Skelton
Professor/Director,
Extension and Research
Youth Agricultural Science Center
Las Vegas, NM

The 4-H STEM challenge is a national rallying event for year-round 4-H STEM programming, bringing together youth, volunteers and educators from the nation's land-grant colleges and universities and the Cooperative Extension System. This annual challenge seeks to spark an early youth interest in science and future science careers. The 4-H STEM challenge presents a great opportunity to engage youth in hands on science, technology, engineering and math activities while developing critical thinking skills.

This year's 4-H challenge is Galactic Quest. Designed by Clemson University, the 2021 4-H STEM Challenge, Galactic Quest, focuses on the mysteries and adventures of space exploration. Galactic Quest explores the history of humans in space, the technology and resources needed for missions, and the obstacles humans encounter in orbit. Activities explore important STEM topics ranging from physics and engineering



to computer science and space agriculture. Activities include:

- **Astro Adventure:** This unplugged board game promotes teamwork as youth gather the resources needed to live and work in deep space.
- **Stellar Optics:** In this offline activity, youth build a telescope and learn about physics and light and how telescopes have been used to explore space.
- **Cosmic Claw:** youth work hands-on to engineer a mechanical arm that works to harvest crops in space.
- **Cyber Satellite:** In this computer science activity, youth learn about cyber security and decoding to stay safe from obstacles in orbit.

Through the challenge, youth learn foundational STEM skills while they wrestle with the same questions as today's top aerospace scientists and engineers! Activities can be done all at once or individually, making it great for classrooms, afterschool programs, clubs, parents and more. This is a great opportunity to interact with youth through an inquiry-based learning environment and to demonstrate that science is fun.

The Galactic Quest kit includes clear instructions for facilitators, and offers both low and no-tech options for events without internet access. Two types of kits are available: educator or family. The educator kit includes material for 12 youth to participate in the offline activities at the same time. Kits can be used in spaces where physical distancing can be followed. The family sized kit includes materials for 1-4 youth to participate in the offline activities at the same time from inside the home. You can also purchase kits directly from the 4 H Mall. (<https://bit.ly/37WMLts>)

Be sure to plan your 4-H STEM challenge event today!

Free Downloads: The Nurturing Power of Nature

Learn how nature is working all around you. Nature is made up of an almost infinite number of small insects and natural processes together every day

to make a humongous impact, creating and sustaining life. Three at-home activities: Caterpillars, Ladybugs and Garden in a Glove give kids a newfound knowledge

and a fun craft to take their understanding to the next level.
Grades: Pre-K-5
Topic: STEM, Biology, Crafting, Gardening
Time: 20 minutes

<https://4-h.org/about/4-h-at-home/the-nurturing-power-of-nature/>

2022 Citizenship Washington Focus

By Amy Zemler
State 4-H Activities Specialist

CWF provides opportunities for youth to broaden:

- appreciation and practice respect for themselves and others,
- increase individual commitment to citizen involvement,
- and understand the importance of civic and social responsibilities.

Citizenship Washington Focus (CWF) is a leadership program for high school youth from across the country. Every summer, thousands of young people participate in this week long program. CWF provides opportunities for youth to broaden: appreciation and practice respect for themselves and others in their world; increase individual commitment to citizen involvement; and understand the importance of civic and social responsibilities as they relate to the development of better citizens and leaders. Time is provided for 4-H members to report accomplishments in 4-H to their representatives in the Washington, D.C., area as well as participate in sightseeing trips. Registration is due October 15, 2021. Contact your County Extension Office at <https://aces.nmsu.edu/county/> for more information about CWF. CWF will return to in-person programming in the Washington, D.C. metro area in Summer 2022.



NM State 4-H Portfolios

The State 4-H Portfolio will allow youth to better show growth and create a resume that may be used for other venues. Forms and formatting instructions are available on the general website under forms.

The State 4-H Portfolio is due in January at Senior Leadership Retreat (SLR) – Friday, January 21, 2022. The portfolio must be delivered to SLR or turned in to the State 4-H Office the week prior. The top ranked portfolios will receive a trip to National 4-H Congress with awards presented during SLR.

New Mexico 4-H Parliamentary Procedure Invitational Contest

The NM 4-H Parliamentary Procedure Invitational will be January 21, 2022, in Las Cruces, NM. The contest will begin at 1 PM. Teams will be notified of their prep time prior to arriving in Las Cruces in order to plan accordingly. There will be a \$15 fee per team. The winning team will be eligible to represent New Mexico at the Western National 4-H Roundup competition in the following year.

Team members will not be required to attend SLR, however, if they choose to, they will need to complete a separate registration for that event. Please contact your County Extension Office if you have additional questions.

Note: We plan to be face-to-face unless CDC requirements change.

COMMUNITY SERVICE

Scholarship Applications



New Mexico

4-H Community

Service Scholarship applications are due to the State 4-H Office for:

Senior Leadership Retreat – Due October 15, 2021.

Home Ec School - Due January 15, 2022.

Youth Get-Away - Due February 15, 2022.

For more information and criteria, go to: aces.nmsu.edu/4h/scholarships.

New Mexico 4-H
Home Economics Schools

Leadership, Citizenship and Life Skills

Save the Date:
14th Annual NM 4-H
Home Economics School
 Dates and Location TBA, 2022
 Tracts to be announced

Senior Leadership Retreat 2022

By Amy Zemler
 State 4-H Activities Specialist

2022 is not far away and with that comes Senior Leadership Retreat! The event is going to take place in Las Cruces on January 21-23, 2022. The event is a three-day, two-night event filled with great workshops and neat opportunities.

During the weekend, youth will be involved in hands-on activities while learning about careers, leadership skills, community service, and much more! There will also be time for them to show their dancing skills! The 2021-2022 State Leadership Team is excited about putting on this event for all who attend! Contact your County Extension Office for the registration deadline.

Note: We plan to be face-to-face unless CDC requirements change.

Updated 4-H Project and Curriculum Catalog

The updated 2021-2022 New Mexico 4-H Project and Curriculum Catalog is available online at <https://aces.nmsu.edu/4h/projects/index.html>. This catalog contains descriptions for New Mexico 4-H:

- projects,
- publications, and
- curriculum kits.

We do get questions about what is and who would use a curriculum kit. Curriculum kits are supplemental educational resources that can be checked out from the State 4-H Department. Teachers enjoy using curriculum kits in their classes.

If you have been given project materials, please compare them to the 2021-2022 4-H Project and Curriculum catalog to be sure you have the most updated publication.

Resources, Educational Videos and Webpages

Below are resources for families, teachers, club leaders, and home schoolers in need of learning options: National 4-H Council; Brain Pop; Wonderopolis; 4-H Club Specific; Agricultural and Natural Resources; College and Career Readiness; Exploration of the Universe, World, and Country; Health and Well-being; Math; Science and STEM. Go to: <https://aces.nmsu.edu/4h/resource-and-educational.html> to click on the links for the above topics.

Zoom Meeting Etiquette For Participants

Join the Meeting Early You should join the meeting early so that you can test your technology.	Greet the Host Greet the host when you enter so that they know you are there.	Remember You Are Always On the Camera Prioritize a work appropriate background and consider your back ground and lighting.
Find Your Strongest Internet Connection Connect to your hard wired internet. Try to have the most reliable internet connection.	Eliminate Distractions Turn off email notifications, put your cell phone on silent, put a sign on the door, and get household pets in another room or outside.	Check Your Camera and Microphone Turn your camera and mic on. Meeting virtually is no different from meeting face-to-face. People want to see and hear you.
Mute Your Microphone Before you speak, make sure your mic is unmuted. If you do not intend to be heard, mute your mic.	Use the Chat If it is a good time to interact, send someone a private message. Remember that the host may save the chat.	Look at the Camera When Speaking Look at the camera when you are speaking, just like you would look people in the eye during a face-to-face meeting.

If you are an individual with a disability and need an auxiliary aid or service, enter your request accommodations on form 5020.6 and notify your County Extension Office.

Questions? Contact your County Extension Office at 4h@aces.nmsu.edu or contact the State 4-H Office at 4h@aces.nmsu.edu.

The State 4-H website has helpful resources such as Zoom Meeting Etiquette for Participants.

Click here at https://aces.nmsu.edu/4h/documents/zoom-meeting-etiquette-handout_accessible-002.pdf to get a better look at tips to keep in mind when in a zoom meeting.

2021 State 4-H Photo Contest Winners



By Amy Zemler
State 4-H Activities Specialist

Here are the 2021 State 4-H photo contest winners in each of the six categories, plus overall winner:

4-H

1st Place –

Making the Best Better
CamBree West
Lincoln County

2nd Place –

Flower Picking for 4-H
Maddie Adams
Socorro County

Landscape

1st Place –

Natures Kaleidoscope
Natasha Kwiatkowski
Sandoval County

2nd Place –

Guarded Beauty
MiKayla Klinger
Quay County

3rd Place –

Being Lazy on a Daisy
Natasha Kwiatkowski
Sandoval County

Animals

1st Place –

What ya doin’
MiKayla Klinger
Quay County

2nd Place –

Yellowstone Cubs
Paxton Rogers
Doña Ana County

3rd Place – Tie –

Camouflage
Stone Everhart
Sandoval County
Curious
Jordan Schumer
Doña Ana County

Other

1st Place –

Pink Butterfly Portrait
Rafael Romo
Doña Ana County

Overall Winner

Nature’s Kaleidoscope
By Natasha Kwiatkowski
Sandoval County



2nd Place –

Columbia University Library NY
Eleanor Warden
Doña Ana County

3rd Place –

John 3:16
CamBree West
Lincoln County

Buildings

1st Place –

Downtown
Wesley Otero
Doña Ana County

2nd Place –

Holy
Jordan Schumer
Doña Ana County

3rd Place –

Mining
Stone Everhart
Sandoval County

People

1st Place –

Still
Breanna Salazar
Taos County

2nd Place –

Moment in Time
MiKayla Klinger
Quay County

3rd Place –

Shoein’ Hoss
Opal Kerr
Socorro County

NEW MEXICO 4-H'ERS!

Submit Your 4-H Record Book Story for a chance to win a free trip for you and a 4-H friend!

New Mexico 4-H members write a 4-H Story for their record books each year. Here is your opportunity to earn a free 4-H trip for something you've already completed. Submit your 4-H Record Book Story describing your experiences in the current 4-H year. Use your IMAGINATION to create a typed, double-spaced story on the exciting program you are involved in.....4-H!



Winning stories from each age category will have excerpts in Leaderline Newsletters in 2022, full stories posted online, and may be used for other 4-H promotions. Send your 4-H Story to:



State 4-H Office, MSC 3AE
New Mexico State University
PO Box 30003
Las Cruces, NM 88003-8003



Get your 4-H Record Book Story in by November 2, 2021, and you could win one of the following trips:

- Novice (ages 9-11) - FREE registration for YOU and a 4-H friend to 4-H Youth-Get-Away in April 2022!
- Junior (ages 12-13) -FREE registration for YOU and a 4-H friend to 4-H Youth-Get-Away in April 2022!
- Senior (ages 14-19)-FREE registration for YOU and a 4-H friend to 4-H Senior Leadership Retreat in January 2022!

Note: The registration fee will be covered if the event is virtual or face to face.

On the cover page please write your name, address, county, and the age category you are classified in for the 2021-2022 4-H year. **4-H STORIES MUST BE RECEIVED IN THE STATE 4-H OFFICE BY NOVEMBER 2, 2021.** Call the State 4-H Office at (575) 646-5204 if you have any questions.

New Mexico State 4-H 2021 Buckles



Show off New Mexico 4-H with the 2021 buckle for \$80. Great for gifts or awards!

Designed by the State 4-H Leadership Team and made by Rowdy Silver Custom Designs.

Note: Last ordering date is November 15.

For more information, contact the NM State 4-H Office at 575-646-3026.

Order form:

<https://aces.nmsu.edu/4h/documents/buckle-order-form-2021-accessible.pdf>

Forum Workshops

(Continued from page 3)

youth identify skills developed as they progress through their 4-H experience! Leaders and parents will learn about guiding 4-H'ers to recognize the value and usefulness of these life skills.

Project Talks to Contest Demos

Cindy Grooms and Jeanette Coletti, Doña Ana County 4-H Leaders

Experience a fun, easy way to introduce and teach club members about giving project talks and demonstrations. Then learn the Do's and Don'ts of contest demonstrations and how to make project demonstrations contest ready presentations.

Fun and Games

State 4-H Leadership

Recreation can be a great way to build club unity whether it is just a game to get to know 4-H members' names, team work or confidence.

Cloverbuds, They Are Our Future

Ashley Warner, Union County 4-H Leader

In this workshop come learn how to successfully interact and keep Cloverbuds active and learning.

4-H Club Agenda

Molly Crisp, Union County 4-H Leader

Learn how to create a meeting agenda.

Goal Setting 101

Halee Prather, Curry County Extension 4-H Youth Development Agent

Setting goals for 4-H projects is simply deciding what you want to learn and do. Goals serve as a road map that helps you plan how to get where you want to go. 4-H members are in the driver's seat with their 4-H experience. Help them set goals and reach their destination!

To register for the New Mexico 4-H Adult Forum 2021, go to <https://aces.nmsu.edu/4h/adult-volunteer-leaders.html>.



Take 10 with 4-H

Idea/information sharing for 4-H volunteer leaders via zoom meetings. Some YouTube videos from earlier Take 10 meetings are available to watch on our website. Another zoom meeting coming up that you can attend is **4-H Member Opportunities, and that is on November 4, 2021**. Click here at <https://aces.nmsu.edu/4h/take-10-with-4-h.html> for more information.

NM State 4-H Calendar of Events 2021-2022

Events	Dates
NATIONAL 4-H WEEK	Oct. 3-9, '21
Tractor Supply Paper Clover Fundraiser Campaign	Oct. 6-17, '21
Early Bird Registration Deadline for New Mexico 4-H Adult Forum 2021. Cheryl Butterfield, (575) 646-1156	Oct. 15, '21
*For New Mexico 4-H Adult Forum 2021 - First Timer Registration Scholarship Applications are due. Forms available from the NM State 4-H website or from your County Extension Office. Cheryl Butterfield, (575) 646-1156	Oct. 15, '21
*Citizenship Washington Focus (CWF) 2022 Summer Program Registration and First Deposit Payment Deadline. Contact your County Extension Office for more information.	Oct. 15, '21
Community Service Scholarship Applications for Senior Leadership Retreat (SLR) are due to the State 4-H Office. Amy Zemler, (575) 646-646-5204	Oct. 15, '21
4-H Shooting Sports Leader Certification Training (Luna County - Deming, NM). Craig Painter, 575-646-5472	Oct. 23-24, '21
Final Registration Deadline for New Mexico 4-H Adult Forum 2021. Cheryl Butterfield, (575) 646-1156	Oct. 30, '21
4-H Record Book Stories - Submissions due in the State 4-H Office. Amy Zemler, (575) 646-5204	Nov. 2, '21
Take 10 with 4-H - Zoom Meeting: 4-H Member Opportunities. Cheryl Butterfield, (575) 646-1156	Nov. 4, '21
New Mexico 4-H Adult Forum 2021 (Clayton, NM). Cheryl Butterfield, (575) 646-1156	Nov. 6, '21
Belt Buckle Order Forms for 2021 are due to the State 4-H Office. Amy Zemler, (575) 646-5204	Nov. 15, '21
*State 4-H Rodeo Board applications are due. Contact your 4-H Agent for information.	Jan. 1, '22
Community Service Scholarship Applications for Home Economics School are due to the State 4-H Office. Amy Zemler, (575) 646-646-5204	Jan. 15, '22
*Senior Leadership Retreat (SLR) 2022 (Las Cruces, NM). Amy Zemler, 575-646-5204	Jan. 21-23, '22
*New Mexico 4-H Parliamentary Procedure Invitational Contest (Las Cruces, NM). Contact your County Extension Office for more information.	Jan. 21, '22
State 4-H Portfolios are due at Senior Leadership Retreat (SLR) or delivered to State 4-H Office the week prior to SLR. Amy Zemler, 575-646-5204	Jan. 21, '22
Community Service Scholarship Applications for Youth Get-Away are due to the State 4-H Office. Amy Zemler, (575) 646-646-5204	Feb. 15, '22
*14th Annual New Mexico 4-H Home Economics School (Location TBA).	March TBA, '22
4-H Shooting Sports Leader Certification Training (Archery, Shotgun, Rifle) (Tucumcari, NM). Jason Lamb, (575) 461-0562	Tentative Feb. 19-20, '22
2022 State 4-H Shooting Sports Leadership Summit (NRA Whittington Center, Raton, NM). Craig Painter, 575-646-5472	Mar. 18-20, '22
2022 State 4-H Shooting Sports Championships (NRA Whittington Center, Raton, NM). Craig Painter, 575-646-5472	May 6-8, '22
*Contact your County Extension Office for application and registration deadline.	-----

Communication Skills

(Continued from page 7)

What worked? What didn't? What can be done differently? and How would it change the outcome?

- **Turn-talking**

Turn-talking is an effective way for youth to learn the difference between interrupting and interjecting. This is important when practicing negotiation, conflict resolution, and idea-sharing. This helps youth learn to wait their turn and how to overlap in conversation cooperatively rather than competitively.

- **Asking questions**

Conversations become productive when they involve asking and answering thoughtful questions. Open-ended questions encourage new ideas, solve complex problems, expand understanding, and move teams and projects

forward. When teaching youth about open-ended questions give plenty of examples and role-play so they can see and hear an engaging and productive conversation.

Like any skill, communication skills can be developed and improved with practice. By helping youth develop good communication skills, you are equipping them with the skills to build a successful future.



Join 4-H

- Call your county phone number.
- Talk to your agent and learn more about 4-H.

<https://aces.nmsu.edu/4h/join.html>

Return Service Requested

State 4-H Office, MSC 3AE
New Mexico State University
PO Box 30003
Las Cruces NM 88003-8003

