

Leaderline

January
February
March 2021



A Quarterly Newsletter to Volunteer Leaders Providing 4-H News in New Mexico

The Value of a Volunteer

By *Laura Bittner*
Interim Department Head

When I think about people who have had the most positive influence in my life, beside my mother, I picture people who just stepped in, stepped up, and freely gave of their time to guide me along. These people did so voluntarily with no expected reward, acknowledgement, gain, or accolade. Volunteers matter, and they make a significant impact in the lives of young people!

A 2018 study conducted by the University of Minnesota further reinforces the value of a volunteer. Findings from the study report, on average, volunteers give nine hours of their time per month, an annual contribution worth \$2,600 (volunteer wage equivalent X 9 hours X 12 months). In addition to time, 90% of volunteers contribute supplies; and 79% contribute financially.



Image by Gerd Altmann from Pixabay

(See *Volunteer* on page 2)

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Volunteer

(Continued from page 1)

Additional volunteer contributions include serving as an ambassador for the 4-H program, recruiting new members and volunteers, and expanding community partnerships.

While these contributions are significant and measurable, how does one measure the value of a volunteer to a child? Volunteers help youth learn new skills, build confidence, and become productive citizens. Volunteers support, encourage, challenge, and guide. Volunteers can give a child EXACTLY THE SAME message a parent has given 25 times to that child; but because the volunteer has given the message, the child will NOW listen! Volunteers assist in preparing youth for life long after the youth has aged out of the 4-H program. These contributions are PRICELESS!

As we begin a new, bright, and healthy 2021, I would like to extend my deepest appreciation to you, New Mexico 4-H Volunteer Leaders, for ALL you do for our 4-H youth and their families.

Happy New Year!
Laura

Community Service Scholarships

By Amy Zemler
State 4-H Activities Specialist

New Mexico 4-H Community Service Scholarship applications are due to the State 4-H Office for:

- Youth Get-Away - due February 1, 2021
- Officers and Ambassadors Positions - due April 1, 2021
- State 4-H Conference - due April 15, 2021



For more information and criteria, go to <https://aces.nmsu.edu/4h/scholarships>.



4-H: A mission of engaging youth to reach their fullest potential.



Volunteer Leaders' Association Executive Board Applications Due

By Cheryl Butterfield
State 4-H Agent

The NM 4-H Volunteer Leaders' Association Executive Board is accepting applications for open board positions in each district. If you know of any interested volunteers, please send them the application to complete and submit by January 15, 2021, to cherylb@nmsu.edu so that the board can review the applications at their meeting in January. Board members serve a three-year term unless filling a vacant position. Duties Include:

- Plan annual New Mexico 4-H Adult Forum
- Communicate with County 4-H Leader Associations in their district for the expansion, improvement, and promotion of 4-H youth and leader educational programs.
- Advise the State 4-H Program Leader on matters of program policy and future directions.
- Transact necessary business of the Association.

Applications can be found online at: https://aces.nmsu.edu/4h/documents/leaders-assoc-exec-board-app-form_1114.pdf or contact Cheryl at 575-646-1156. Applications are due by January 15.

Executive Board Open positions:

Northeast District:
1 open position

Southeast District:
1 open position

Northwest District:
2 open positions

Southwest District:
2 open positions



Cindy Grooms
Doña Ana County
New Mexico



Meet the 2020-2021 Leadership Team



Aimee Coletti

Aimee Coletti

*State 4-H Shooting Sports Ambassador
Doña Ana County*

What has 4-H done for me?

My name is Aimee Coletti and 4-H has done more for me over the past 10 years than I could ever express! I might be the Shooting Sports Ambassador, but that's just one of the many areas of 4-H that I've been involved in and which has impacted my life. I've told this story a million times but when I was a Cloverbud, I got to go to State Shoot with my older brother. And despite the fact he wasn't shooting Archery I got the chance to watch them shoot. In my 8 year old mind I knew I wanted to stand on that firing line one day! And that's how I ended up so involved with archery and the other shooting sports programs in my county and the state. I haven't quite made it to state in Archery but I'm still striving to accomplish



Cassidy Jimenez

Cassidy Jimenez

*State 4-H Family & Consumer
Science Ambassador
Rio Arriba County*

4-H has made me who I am. A confident young woman who loves to bake almost as much as she loves making new friends. With 4-H giving me so much I take as many leadership opportunities as I can so I can give a little bit back. When COVID-19 shut down my town I took the opportunity to help. I worked with friends on how we can stay positive and continue to spread 4-H and the help we do through our community. I took every opportunity I got to make sure that in such a negative time, positivity, help, and kindness were conquering the day. I thank 4-H for teaching me the skills to



Kyleigh Kelley

Kyleigh Kelley

*State 4-H Song and Recreation Leader
Valencia County*

Hello, my name is Kyleigh Kelley. I am your New Mexico State 4-H Song and Recreation leader. 4-H is a huge part of my life since I was a cloverbud. When I was a cloverbud, I looked up to the big kids and wanted to be just like them; a leader and role model to others. Now that I am a Senior and a leader in my community, county, and state, I strive to be that role model I saw when I was a cloverbud.

4-H has given me many things. One of them being leadership skills. When I first started as a senior, I did not want to lead anything. But I knew that if I wanted to be that leader I saw when I was a cloverbud, I needed

*(See **Team** on page 5)*

Team

(Continued from page 4)



Elida Miller

to step out of my comfort zone and run for office. I ran for Song and Recreation leader in my club, won the position and I also ran for parliamentarian in my county and won the position for that as well.

4-H has also taught me to be more outgoing which has carried over to many of the other activities I am involved with. Being more outgoing has helped me to make so many good 4-H friends outside of my own club. 4-H has made me a better person and given me so many skills that I know I will need not just now but for life.

Elida Miller

*State 4-H Secretary
Doña Ana County*

I'm Elida Miller, the 2020-2021 New Mexico 4-H Secretary. I am a senior at Las Cruces High School this year. This organization has been a huge part of my life for as long as I can remember. I am a 4th generation



Christopher Turner

4-H member, and I attended my first 4-H event when I was 5 years old and got to help build a parade float. Through 4-H, I've made memories with my family, made new friends, and gained new life skills. Most of my memories with my family were made at some sort of 4-H event, whether it was driving to a dairy heifer show, practicing dairy judging with my dad and sister, or writing a speech with my mom. Looking back, some of the best times I've had with my family are because of 4-H, but one of the best parts about it is my family becomes a lot larger than just the people I live with. The friends I've made through 4-H make me a better person and give me people to fall back on in any situation. These friends have truly been here for me since the minute I moved to New Mexico and I can't imagine where my life would be without the relationships I've made in 4-H. The biggest aspect of 4-H you'll ever hear about is how it helps make us better people and I definitely

think this is true. In 4-H, I've learned valuable skills like public speaking, conflict resolution, compassion, and responsibility. Even though I plan on going into the medical field after college, the skills and memories I've learned through 4-H will be invaluable to me for the rest of my life.

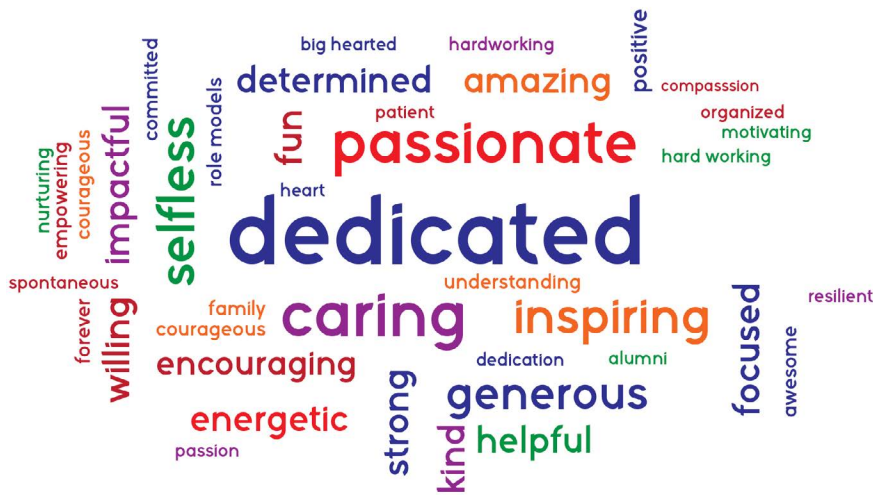
Christopher Turner

*State 4-H Livestock Ambassador
Santa Fe County*

My name is Christopher Turner and I'm the 2020-2021 state livestock ambassador. Throughout my many years in 4-H, I've experienced and learned so many great things. I've been able to experience success and disappointment. I've been able to work toward other's success, and one of my favorite things is being able to see the world in new ways.

4-H has given me access to great experiences but that's not all 4-H has given me. It is because of 4-H and showing livestock that I've made some of my very best friends. 4-H has done so much for me but to summarize it all up, I would say that 4-H has built me into the person I am today.

In the next issue, we will highlight the other five New Mexico State 4-H Leadership Team members:
Tatum O'Toole - President
Avery Feldman - Vice President
Austin Rhames - Reporter
Ashlyn Ahlgrim - Ambassador
Emily Kitseallyboy - Ambassador



Words that describe our leaders:

During the opening speech by the leadership team at the New Mexico 4-H Adult Forum 2020 in November, they asked everyone to give two words that describe leaders.

What's Your Vision? A Successful Virtual New Mexico 4-H Adult Forum

*By Cheryl Butterfield
State 4-H Agent*

The New Mexico 4-H Adult Forum was held virtually November 7. There were 76 participants/presenters from 24 New Mexico counties. Guest Speakers were the 2020-2021 State 4-H Leadership Team and they shared the impact 4-H Leaders have made on their lives!

Workshops ranged in variety from Tools And Tips For Putting On A Horse Show, 4-H to Hack Your Kid's Education, Showing Cattle 101, Oral Reasons, Engaging Youth Through Social Media Science Videos, Super Snacking, Leadership, and much more.

The NM 4-H Leaders' Association Executive Board decided for Forum this year that they wanted a way to share community service ideas with each

other across the state as well as connect needs to those wishing to serve in each county. To do this, two google documents were created.

1. Community Service Idea Sharing

This sheet is created so that anyone with the link may add to it. Once information is added, it can be seen by anyone who has the link. If an individual doesn't have an account, they may need to create one to access the link. <https://docs.google.com/spreadsheets/d/1KiRt5l7Mg5a8NewKc8CHQ2yupfe22jU5tP171DkbMJQ/edit?usp=sharing>

2. NM 4-H Community Service CONNECT

The NM 4-H Community Service CONNECT google



WHAT'S YOUR VISION?

doc was sent to 4-H agents to share within the county. This google doc will help match needs to those looking to serve. Contact your county 4-H agent for the link.

Thank you to all the NM 4-H Leader's Association Executive Board and for all their hard work in making the 2020 Forum a success!

Here are a few comments from the participants:

Forum participants shared....

"Always look forward to attending Forum."

"This was my first time attending a forum so I cannot compare it to a previous one. However, with the circumstances surrounding covid-19, it

(See Comments on page 12)

Developing Responsible Youth

By Newt McCarty State 4-H Agent
Aggie Next Step Program
and Youth Development

Accepting responsibility for our actions is something we all struggle with at some point in our lives. For youth this can be an even greater challenge. Youth easily slip into the “blame game”, often blaming others or circumstances for their situation. Helping youth recognize their tendencies in avoiding personal responsibility and providing them with necessary tools and support teaches the importance and value of accepting responsibility.

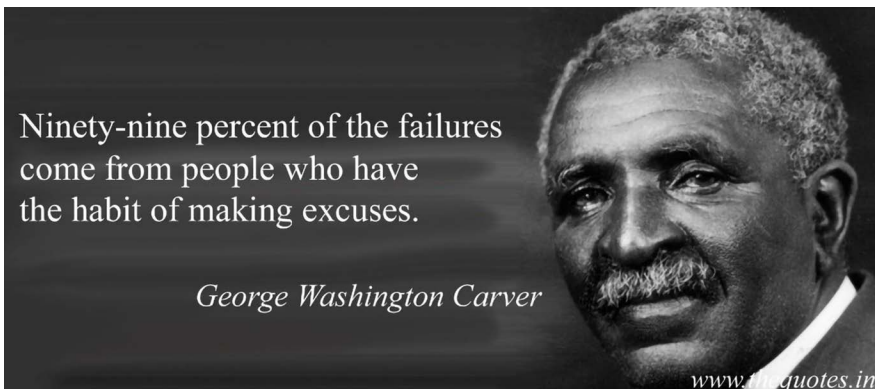
“The moment you take responsibility for everything in your life is the moment you can change anything in your life.”
-Hal Elrod

Every decision has a consequence, positive or negative. Our response to those consequences impacts how we see ourselves and how others see us. There is not much difference between a “poor winner” or a “poor loser”, most of us don’t care for either. We all prefer to work, play, and be friends with someone who is responsible and accountable and who we trust in them doing what is right. It is important for youth to understand, taking personal responsibility not only builds self-confidence but gains the confidence of others.

“Taking personal responsibility is a beautiful thing because it gives us complete control of our destinies.”
-Heather Schuck

Youth often view taking personal responsibility as a negative. Helping youth recognize personal responsibility builds self-confidence, sense of self-control, personal freedom and decreases stress and a sense of loss of control encourages them to see personal responsibility as a positive.

In working with youth to build and encourage personal responsibility habits, it is important for them to seek help when facing difficulty. Although this may be uncomfortable, it is invaluable. Other practices to encourage when helping youth improve responsibility are organization, self-discipline, maintaining a positive attitude, serving others and making good choices.



My Responsibility Pledge

I pledge to:

Be prepared, committed, and accountable

Take responsibility for myself

Enrich my life and the lives of others

Be disciplined, respectable, honorable, and accountable

Be good to my community and world

Settle for nothing short of success and a life of honor

With the help of my parents, teachers, and community leaders,

I pledge to be a light in my family, school and community.

Simple tools and activities are available in helping youth improve their level of responsibility. If you are interested in additional information or resources on personal responsibility for youth, please contact Newt McCarty, jnewton3@nmsu.edu.

Shooting Sports State Championships

Craig Painter
State 4-H Agent



The Shooting Sports State Championships for senior age members is currently scheduled, pending State and University health regulations, for April 29-May 2, 2021, at the Whittington Center in Raton, NM. The rules can be found on the State 4-H

website under the Shooting Sports tab. Cost will be \$75.00 and all registration is handled through the County Extension Office.

New Mexico 4-H Shooting Sports Leader Certification

Due to State and University Health restrictions, we will be unable to host our annual 4-H Shooting Sports Leader Certification however; we are looking at hosting small groups around the state to get leaders certified. Part of the certification is available online at a cost of \$20.00, but participants will still need to complete the eight (8) hours of “hands-on” face to face instruction to be certified at a cost of \$70.00 to help defray the cost of materials, and instructor travel. If your certification is running out this year, we will have a waiver for another year due to current health circumstances. If you are interested in getting trained this year, contact your local County Extension Agent.

2-Year-Old Western Pleasure Futurity and 3-Year-Old Versatility Nominations

4-H'ers with advanced skills in horsemanship are eligible to nominate a two-year-old horse for the Western Pleasure Futurity and Showmanship Classic held each year during the State Fair 4-H Horse Show. Nominations are due in the State 4-H Office **by May 1** of the current year.

Horses eligible for the two-year-old Western Pleasure Futurity must be totally green, that is, having never received any riding by ANYONE other than the 4-H'er who nominates the horse to the Futurity. During the State 4-H Fair Horse Show, the horses will participate in three go-rounds of Western Pleasure.

(See **Nominations** on page 9)

Horse Certificates

Horse Certificates need to be done every year or renewed every year with approval of the County Agent. The horse certificate is a form similar to a registration form. You can find it on the 4-H website under “Forms and Publications.” They are **due on May 1** to the County Extension Office (not the State 4-H Office).

Horses get sold, traded, and/or leased and this is the purpose to do them each year. This is a unique aspect to the project. Horse Certificates are required for any sanctioned 4-H horse show. The only way that the agent can verify that the horse being used is the project horse, is for a 4-H member to document that they are the exhibitor, lessee, or owner of that particular horse.

Some counties also require those 4-H members in the rodeo project to submit horse certificates. It is strongly recommended that 4-H members submit a horse certificate for any horse that they may use as their project for the year.





4-H Horse School

4-H Horse School is scheduled for June 7-10, 2021 pending State and University health regulations. The event will be at the New Mexico State Fairgrounds in Albuquerque, NM. Cost will be \$250.00. For more information, Contact your County Extension Office

Nominations

(Continued from page 8)

The horses properly nominated as two-year-olds to the Futurity are eligible the following year to enter the three-year-old Versatility Class. Advice and counsel on training techniques may come from outside sources, however, the 4-H member must do all the riding and work on the Versatility Horse.

The Versatility Class is held during the State Fair 4-H Horse Show. Nominations for the Versatility Class are due to the State 4-H Office **by May 1** of the current year. Nomination forms and complete rules are available on the 4-H website under “Horse and Livestock Events.” There is a \$20.00 nomination fee.



Image by National 4-H Council on flickr.com

NAE4-HYDP Western Region and National Award Winners

Congratulations to the National Association of Extension 4-H Youth Development Professionals Western Region and National Award Winners for New Mexico! The following awards were given:

Communicator Awards

Radio/Audio Program Award Winner

Jessica Swapp
Grant County Extension
Connection Podcast

Periodial Publication - Team

Mindy Turner
Cheryl Butterfield
Steve Beck
Craig Painter
Peter Skelton
Amy Zemler

Sue Miller
New Mexico 4-H Leaderline (State 4-H Office)

Specialty Awards

Beyond Youth Leadership Award Winners

Mindy Turner
Steve Beck
Nicole Lujan
Desaree Jimenez
Anne Marie Wilson
Nicole Jacobs
New Mexico 4-H Healthy Living Ambassadors

Excellence in 4-H Club Support Award Winner

Andrea Stapp
“Minute to Win It” Club Kit and Manual

(See NAE4-HYD Awards on page 11)

Solving the Mystery of Who You Are Senior Leadership Retreat 2021

Amy Zemler
State 4-H Activities Specialist

Senior Leadership Retreat (SLR) 2021 is almost upon us. We have great workshops on learning about college degrees and the steps to becoming an Aggie, community service, and a keynote speaker scheduled for you. SLR's theme for 2021 is *Solving the Mystery of Who You Are*. The event will be held on Zoom on January 22-23. Friday fun night will be a game night playing Minute to Win It. Saturday will



be a series of workshops that youth will have the opportunity to learn about going to college. Saturday's workshops are:

- Learning About The Different Colleges And Degrees
- Clue! Where's Chris Clover – New Mexico State Officers
- New Mexico Family Farm Mystery – New Mexico State Ambassadors
- Stampede into Aggie Life
- Aggie 101

Youth will select the college workshops they attend and all youth will attend the general workshops. This year's community service is to collect pop tabs, books and DVD's for the Ronald McDonald House in Albuquerque. The county who collects the most get to "pie in the face" a State 4-H Leadership Team member.

Check out the flyer at https://aces.nmsu.edu/4h/documents/slr-2021_community-service-flyer_ronald-mcdonald-house_accessible.pdf.

2021 Senior Leadership Retreat Keynote Speaker, Shannon Norris

Dr. Shannon Norris is an Assistant Professor of Agricultural Communications at New Mexico State University. She graduated from Texas A&M University in August 2020 with a Ph.D. in Agricultural Leadership, Education, and Communications and Homeland Security. For her doctoral dissertation, she developed a curricular framework for the U.S. Army Special Forces to use when conducting agricultural assessments in Middle Eastern conflict zones. She attended NMSU for her bachelors in Agricultural and Extension Education and Oklahoma State for her master's in Agricultural Communications. Shannon grew up on a beef cattle ranch in Cliff, New Mexico, and she was active in 4-H and FFA. She served as the New Mexico FFA State Secretary in 2008–2009, and as a National FFA Officer in 2010–2011 as the Western Region Vice President. She is also a Ziglar-certified speaker and trainer.



Shannon Norris



Providing Comfort and Care
when families need it most.

NAE4-HYD Awards

(Continued from page 9)

National Award

Excellence in Healthy Living Programming Awards

Mindy Turner
Nicole Jacobs
Anne Marie Wilson
Andrea Stapp
Robin Mack Haynes
Desaree Jimenez
Bea Favela
Steve Beck

Meritorious Service Award

Amy Zemler

Achievement in Service Award

Nicole Jacobs

Distinguished Service Award

Aspen Achen

First Time Attendee Award

Amanda Benton



NM State 4-H Calendar of Events 2021

Events	Dates
Volunteer Leaders' Association Executive Board Applications are due to the State 4-H Office - Cheryl Butterfield, 575-646-1156	Jan. 15
Senior Leadership Retreat (Virtual) - Amy Zemler, 575-646-5204	Jan. 22-23
Community Service Scholarship Applications for Youth Get-Away are due to the State 4-H Office - Amy Zemler, 575-646-5204	Feb. 1
* Youth Get-Away Registration Deadline - Amy Zemler, 575-646-5204	Mar. TBA
Community Service Scholarship Applications for Officer and Ambassador Positions are due to the State 4-H Office - Amy Zemler, 575-646-5204	Apr. 1
Community Service Scholarship Applications for State 4-H Conference are due to the State 4-H Office - Amy Zemler, 575-646-5204	Apr. 15
Youth Get-Away (Virtual) - Amy Zemler, 575-646-5204	Apr. TBA
Shooting Sports State Championship (Whittington Center, Raton, NM) - Craig Painter, 575-646-5472. *Contact your County Extension Office for registration deadline.	Apr. 29- May 2
2-Year-Old Western Pleasure Futurity and 3-Year-Old Versatility Nominations are due to the State 4-H Office - Craig Painter, 575-646-5472	May 1
Horse Certificates are due to your County Extension Office - Craig Painter, 575-646-5472	May 1
State 4-H Horse School - Craig Painter, 575-626-5472. *Contact your County Extension Office for registration deadline.	June 7-10
*Contact your County Extension Office for application and registration deadline.	-----

Comments

(Continued from page 6)

is understandable that the forum needed to be virtual. I found that all sessions I attended were enjoyable and very informative.”

“I thought this forum was really well done and valuable. I appreciate all the effort that was put into it considering the circumstances.”

“Everyone was incredibly flexible!”

One thing I learned from Forum....

“The use of Mentimeter was a great new tool!”

“The Cat Project is a good project for beginners who would like an animal project that’s simple.”

“Youth learning from youth is a great way to get new members to join the club.”

“I have learned a lot, being my first year and all. Mostly how to be a better assistant to our programs and what the needs are for our kids regarding education, and skills.”

“I learned about a new app available that would be great to incorporate into zoom meetings.”

“I learned about the small animal projects, dog/ cat/ rabbit.”

“How to use the leadership project book to engage youth in meetings.”

“How to engage 4-H’ers via zoom and use their leadership skills virtually.”

“How to use Kahoot and Pear Deck application.”

“I liked learning different virtual games and different ways to get more involvement with the kids.”

“It is possible to utilize technology to stage a project meeting with members who have access to internet.”

“Just a better understanding of the 4-H program and items our clubs can cover.”

“Motivation and Patience.”

Have you been to our Instagram page? Visit at https://instagram.com/nmsu_state4h

Return Service Requested

State 4-H Office, MSC 3AE
New Mexico State University
PO Box 30003
Las Cruces NM 88003-8003

