

Leaderline

April
May
June

2021



A Quarterly Newsletter to Volunteer Leaders Providing 4-H News in New Mexico

Red to Green Framework Working With Youth During Covid-19 Plan

By *Laura Bittner*
Interim Department Head
New Mexico 4-H and Youth
Development Program



Coronavirus Disease 2019
in New Mexico

Some people have a favorite television show they watch each week without fail. I have a favorite website. Every other Wednesday, the New Mexico Department of Health's Red to Green Framework website (<https://cv.nmhealth.org/2020/11/27/state-announces-tiered-red-to-green-system-for-n-m-counties-in-next-phase-of-covid-19-response/>) commands a few minutes of my time as I peruse the most recently updated color-filled New Mexico map. As counties transition from red to green and now some have even moved to turquoise, I feel like we are winning the

lottery with prizes including increased group size and opportunities for face-to-face activities for youth. I know some of you are doing the

same; because I receive text messages, emails, and phone calls as you excitedly tell me of the good news in your county. I cheer with you!

An additional bit of great news to share with you is that proof of a negative COVID-19 test is no longer a requirement for working in person with you as of March 4, 2021. We are thrilled about this change and appreciate NMSU Central Administration approving

(See Red to Green on page 2)

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The College of Agricultural, Consumer and Environmental Sciences is an engine for economic and community development in New Mexico, improving the lives of New Mexicans through academic, research, and extension programs. New Mexico 4-H is happy to send you this educational material. These services are financed jointly by the county, state, and federal governments. The Cooperative Extension Service is represented in every county in the state by a staff of local agents in agriculture and resource development, family and consumer sciences, and 4-H youth development work.

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Red to Green

(Continued from page 1)

the removal of this expectation.

As the ability to work face-to-face with youth increases, please let's all strive to keep the safety and health of our 4-H family at the forefront of all we do. In our currently approved Working with Youth During COVID-19 plan, a few of the steps to help protect one another include:

1. Total group size includes everyone present (youth, leaders, parents/guardians, etc.) and should not exceed the number allowed for your county.
2. Masks or face coverings are required.
3. Food and drink are not to be provided. Encourage youth to bring their own water bottles.
4. If you or someone in your household is feeling ill, please stay home.

To date, over 500 volunteers have completed the mandatory Working with Youth During COVID-19 training. Participating in this training is a requirement for working in person with youth. If you have not yet completed this training, please watch for additional training dates which will be communicated to you through your county agent and posted on the State 4-H website (<https://aces.nmsu.edu/4h/>). If you prefer to continue working virtually with youth, we understand and are grateful for all you are doing to keep young people engaged!

Please don't hesitate to reach out to the State 4-H department or your county Extension agent with any questions. You are greatly appreciated for the care, support, encouragement, service, and dedication you give to our NM 4-H youth and their families!

Community Service Scholarships

By Amy Zemler
State 4-H Activities Specialist

New Mexico 4-H Community Service Scholarship applications are due to the State 4-H Office for:

- Officer and Ambassador Positions - due April 1, 2021
- Dog School - due April 15, 2021
- Livestock Schools - due April 15, 2021
- State 4-H Conference - due April 15, 2021

All are due to the State 4-H Office. For more information go to <https://nm4h.nmsu.edu/scholarships.html>





4-H Leaders' Association Connection

NM 4-H Volunteer Leaders' Association

By Cheryl Butterfield
State 4-H Agent

The New Mexico 4-H Volunteer Leaders' Association Executive Board met January 26, 2021, to make decisions on the upcoming 2021 Forum and approve new board members.

The NM 4-H Adult Forum will be November in Clayton, NM. The date is currently being finalized.

The 2020-2021 New Mexico 4-H Volunteer Leaders' Association Executive Board members are:

Northwest District

Veronica D Tso	San Juan	(2022)
Melissa Campos	Bernalillo	(2023)
Marissa Morgan	McKinley	(2021)

Southwest District

Cindy Grooms	Dona Ana	(2021)
Jeanette Coletti	Dona Ana	(2023)
Chelsea Truesdale	Santa Fe	(2021- out of district)

Northeast District

Ashley Warner	Union	(2021)
Kristy Bennett, DC	Union	(2023)
Trilby Webster	Union	(2022)

Southeast District

Katie Ramsey	Otero	(2022)
Paula Grady	Roosevelt	(2021)
Tammy Lopez	Quay	(2023)

New Mexico State 4-H Leadership Team Program

The NM State 4-H Leadership Team Program information and application is now available online or through your county extension office.

JOANN & 4-H

Create Opportunity 4 All:
March 1 – April 30
@JoAnn & @4-H are creating #Opportunity4All kids to create, make and learn through hands-on experiences. You can help inspire a child's creativity by donating \$1 or \$4 at checkout when you visit JOANN in-store or online now through April 30. Learn more: <https://4-h.org/ways-to-give/corporate-foundation-support/our-supporters/joann-fabric-and-craft-stores/>
#JOANNLOVES4H



In March and April, visit your local JOANN store and donate at the register to help ensure every kid has an equal opportunity to succeed.



Everything gets better with 4-H!

Meet the 2020-2021 Leadership Team



Austin Rhames
State 4-H Reporter

Austin Rhames

*State 4-H Reporter
San Juan County*

Hello! My name is Austin Rhames. I am currently your New Mexico State 4-H reporter! To even have a chance to explain all the amazing things 4-H has done for me I would have to go back to my very beginning years of 4-H. As a young clover bud, I had problems speaking. I couldn't pronounce certain words and every sentence that came out of my mouth was preceded by a lot of stuttering. In 4-H I had opportunities to practice speaking in ways I couldn't get anywhere else. By being able to speak at my 4-H meetings and voice my opinions, reading poetry in public speaking competitions, and then becoming a club officer and reading out the upcoming events as a reporter, my confidence to use my voice improved so much. Simply having supportive friends and leaders around me that I



Avery Feldman
State 4-H Vice President

Avery Feldman

*State 4-H Vice President
Colfax County*

Hey there! I'm Avery Feldman your 2020-2021 State 4-H Vice President! I'm from Raton, located in Colfax County where my family, as well as many family friends, have a long history with roots planted deep within the 4-H program. Growing up 4-H has always been an outlet for me to meet people with the same interests, as well as a way to grow my skills as a leader and



Ashlyn Ahlgrim
State 4-H Ambassador

an individual in my community. When I first began my 4-H journey at the young age of 7, I was a shy kid who couldn't order for herself in restaurants and would run at the sight of talking to people I wasn't related to. When I walked into my first 4-H meeting, I'll never forget being so terrified, yet excited to see where this journey would take me. The one small step of attending a meeting has brought me out of my shell, allowed me to find my 4-H family, discover my passions, and has made me realize there is no dream too big and the impossible is possible. 4-H has been the most influential aspect of my life this far and is the reason I am who I am today. The program has taught me to believe in myself and the importance of being involved in my community. My community has supported me in all my endeavors throughout my 4-H career and taught me that giving back is just as important as receiving.

(See Team on page 5)

Team

(Continued from page 4)



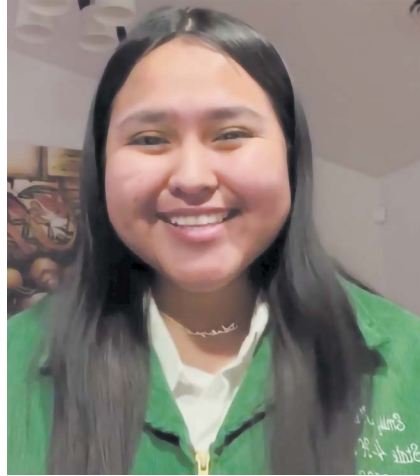
Tatumn O'Toole
State 4-H President

ing their support. Throughout my many years in 4-H, I've grown my life skills which have prepared me for entering and sustaining a healthy adult life as well as inspired me to help those around me realize their potential and just how unique and amazing they are. All goals are accomplishable within the program and we have no limits to the greatness we can achieve. I am so excited to serve NM 4-H this year and give back to those who have given so much to me.

Ashlyn Ahlgrim

*State 4-H Ambassador
Valencia County*

My name is Ashlyn Ahlgrim and I am one of your 2020-2021, NM State 4-H Ambassadors. My 4-H career began in Valencia County as a Cloverbud. I remember watching the officers in my club and thinking, "I want to be like them someday." I saw how they led our club in an organized



Emily Kitseallyboy
State 4-H Ambassador

way and made me feel included. Because of these amazing leaders I was encouraged to grow my own leadership skills and use them in my community.

The 4-H program has helped me develop a plan for my future career. I've chosen to become a 4-H agent because I want to inspire the next generation to love people and our communities.

Tatumn O'Toole

*State 4-H President
Luna County*

4-H is more than an organization or after school club; 4-H is a home to me and many other members. When I joined in the 8th grade, everyone welcomed me with open arms. Through contests, conference and fairs I've got closer to people who are now like my family and my own family as well. Not only has 4-H shaped me to who I am now, but has led me to who I am yet to

be in the future. My passion for the 4-H organization has inspired me to become an Extension/4-H agent.

From participating in judging contest, baking, and photography to livestock and shooting sports, I have gained invaluable life skills that I will carry with me forever. Through all the experiences I've had, the members, adults and volunteers have all had a tremendous impact on my life and I hope that I can make an impact on others in my year of service. I am beyond blessed to serve as the State 4-H President this year and cannot say thank you enough to everyone.

Emily Kitseallyboy

*State 4-H Ambassador
San Juan County*

Hello my name is Emily Kitseallyboy. I am one of the state ambassadors. I'm from San Juan County. I've been apart of 4-H for 6 years now. 4-H has opened so many doors to success. It has made me present myself better. It has let me learn so many things that I will use in the future. 4-H had a huge impact in life to become more aware of giving back and trying new things and having so much support from leaders.

Visit us on social media:

<https://facebook.com/NMSU4H>

https://twitter.com/nmsu_nm4h

https://instagram.com/nmsu_state4h

New Mexico 4-H is pleased to offer a free Healthy Habits Virtual Field Trip opportunity for your school!

BOOK US FOR YOUR SCHOOL'S VIRTUAL FIELD TRIP

WHERE: VIRTUAL

WHO: 3RD-5TH GRADERS

COST: \$0

LET US TAKE OVER YOUR SCHOOL FOR 8 HOURS. PARTICIPANTS WILL LEARN ABOUT NUTRITION, WELLNESS, AND SANITIZATION SKILLS. PLUS EACH PARTICIPANT WILL GET THEIR OWN HEALTHY LIVING BOX TO ENHANCE THE FIELD DAY.

IF YOU ARE INTERESTED IN THIS EVENT FOR YOUR SCHOOL PLEASE CONTACT KATIE AT KSHARP@NMSU.EDU

THIS EXPERIENCE IS MADE POSSIBLE BY:



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"GREAT Leaders Don't Tell You What to Do, They Show You How It's Done!"

Excerpts from the Essay Contest Winners

We know the essay winners were announced quite a while ago, and meant to include quotes/excerpts from their essays in the last Leaderline issue, but their essays did not make it into that newsletter. We apologize. We would still like to get their excerpts into this issue. To read the rest of their stories, go to <https://aces.nmsu.edu/4h/essay-contest.html>.

Macy Martinez Novice Essay Winner Rio Arriba County

My name is Macey, I am 10 years old and a member of the Young Guns 4-H club, I have been in the club for 5 years now. I attend school at Mesa Vista Elementary School, but I am homeschooled because of Covid-19. My interests are baking, riding my horse and raising and showing my lambs. I also like swimming and gymnastics. I first enrolled in 4-H when I was 6. I started showing lambs and chickens at an early age. My dad gave me a very tall lamb named Nutty and she was the first lamb I showed. Soon after that I knew I wanted to show lambs just like my sister. I raise Suffolk cross sheep I sell them to 4-H kids to show at their

(See Essays on page 8)

Time Management

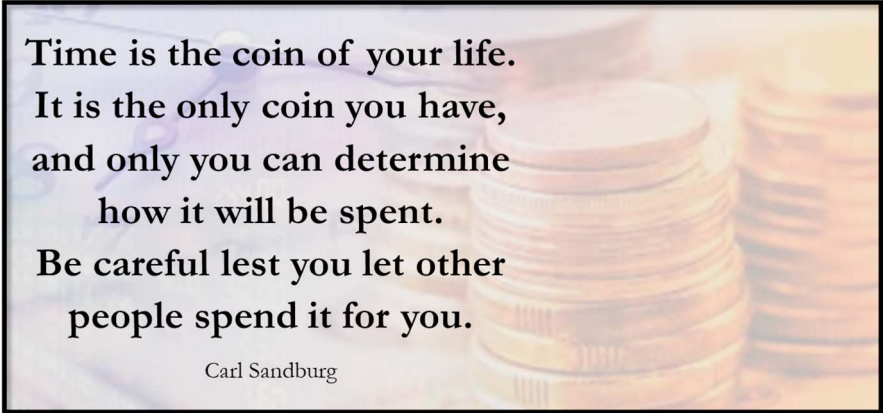
Helping Youth Learn to Manage Time

By *Newt McCarty*
State 4-H Agent
Aggie Next Step Program,
4-H and Youth Development

Finding the time to get everything done is a challenge we all face. Managing time seems to be a constant uphill battle; it's amazing how quickly 24 hours can disappear. Although the number of hours in a day will never change, what can change is how those hours are used. Fortunately, time management is a skill that can be taught and learned.

Effective time management is an important skill for every student to learn. Students who struggle with finding time to complete school assignments experience higher levels of stress, frustration, and an increased sense of being overwhelmed. Using time management practices helps youth prioritize, allowing them to complete assignments, homework and larger projects on time.

Improved time management also increases student's organization, confidence, ability to learn more effectively and reduces procrastination. This becomes especially important as students transition to high school and higher education where they will experience increased number of subjects, tests, assignments and extracur-



**Time is the coin of your life.
It is the only coin you have,
and only you can determine
how it will be spent.
Be careful lest you let other
people spend it for you.**

Carl Sandburg

ricular opportunities. Below are nine tips to help youth better manage time.

Tip 1: Use a calendar

Using a calendar is a key time management tool. The only way to manage a busy schedule is to know what lies ahead and plan accordingly.

Tip 2: Build daily to-do lists

Making a list of what needs to be accomplished each day is a great time management tool. In addition, crossing off completed tasks motivates and provides a sense of accomplishment.

Tip 3: Prioritize using the A-B-C method

Write down all pending tasks. Then assign each task an A, B or C:

- A must be completed today
- B would be nice to finish today
- C can be pushed to tomorrow if necessary

Tip 4: Be flexible

When life determines a C-level

task becomes an A-level task, it's time to switch gears. Sticking to one task that has become less important can put a person behind.

Tip 5: Notice and address procrastination

Procrastination leads to anxiety and worse outcomes. To avoid this common enemy, help your student become aware of and understand why they are avoiding the work.

Tip 6: One project at a time

Many studies show work suffers when attempting to do several tasks at once. Focusing on one task at a time is the best way to learn and produce high level work.

Tip 7: Take breaks

Concentrated focus is tiring, taking breaks when doing something requiring complete attention is important. Use a timer to signal and time study breaks.

(See Management on page 8)

Virtual Innovators Program

By Eva Madrid

Extension 4-H Agent, Doña Ana County

Amanda Benton

Extension 4H Agent and FCS Agent, Santa Fe County

Nicole Jacobs

Extension Home Economist, Bernalillo County

Laura Bittner

Interim Extension Department Head

Extension and 4-H Youth Development Program

Peter Skelton, PhD

Professor and Director

Extension & Research Youth Agricultural Science Center
4-H and Youth Development Program

The Virtual Innovators program is made up of senior 4-H members who have a passion for sharing their knowledge with others, and focusing on various aspects of STEAM (science, technology, engineering, arts and mathematics). 4-H members submitted an application and were selected to work as a team to provide engaging hands-on opportunities to New Mexico youth.

These innovators work with a team of agents as they identify STEAM areas/topics, plan, facilitate and teach monthly workshops. Join our virtual innovators at 10:00 am on the third Saturday of the month for fun STEAM activities. Make sure to refer to flyers on the NMSU 4-H Youth Development Facebook page, your county Facebook pages and newsletters for details. Registration is easy! Just visit <https://aces.nmsu.edu/4h/virtual-events.html>

Management

(Continued from page 7)

Tip 8: Setting goals and meeting deadlines

Our lives revolve around deadlines. Learning to complete assignments, tasks and projects on time is key to success. Setting goals and practicing good time management are the greatest tools in doing so.

Tip 9: Join a study group

Working with a study group encourages an interactive environment keeping youth engaged. This provides youth opportunities to test their knowledge with others, quiz each other on content, and help boost each other's confidence.

Simple tools and activities are available in helping youth develop and improve their time management skills. If you are interested in additional information or resources on time management, please contact Newt McCarty, jnewton3@nmsu.edu.

Essays

(Continued from page 6)

local county fairs. This year we had some really great looking lambs, we didn't sell as much as we wanted. A lot of kids decided to purchase lambs this year because of the virus. I think this year will be great and we will get back to having our regular 4-H activities. I really do think I will stay in 4-H until I am 18, because

I believe it's a program that will help me be prepared for my next chapter of my life.

The skills I have learned from my 4-H experiences are responsibility, leadership and communication skills. In 4-H you have to be self-motivated and very responsible. You have a daily routine and you have to be

consistent. Livestock need daily care and you have to bond and assist them every single day. With my animals (lambs and horse) I had to wash, feed, groom and exercise them. I did what was needed to get the job done right. I learned to be a good citizen

(See **Essays** on page 9)

Essays

(Continued from page 8)

and respect rules and regulations that were provided at the beginning of my projects. Keep all my records, including receipts. I kept records of weekly weights and amounts of feed fed daily. In the beginning, you have to set goals of where you want to go with each project. And those interests are raising sheep, riding my horse and baking projects. One learning experience was having to keep one of my lambs from being too light. I had to change feed and exercise less. It was a real challenge, but all that hard work payed off. I was elected county council delegate for the year. I attend 4-H County Council meetings and keep our club updated on any news. This was my second year as Rio Arriba county council delegate member.

From working with other youth, I have learned manners and proper communicating skills...

Kyle Wood

Junior Essay Winner Curry County

What do you call a happy farmer? A jolly rancher! Hi, my name is Kyle Wood. I am 12 years old and a 6th grader at Grady Middle School. I have been a member of the Grady 4-H club for 4 years. I hold the Chaplin office for the 4-H Curry County Council, and I am the Song and Rec Officer for Grady 4-H Club. I come from a family of four. My little sister is a part of 4-H as well. My mom and dad where 4-H

and FFA members growing up. So, I have a big influence in the 4-H program and what it has to offer. I am from Broadview, NM and I live on my families ranch where my family has been for the last 5 generations. I attend church at Grady Baptist Church where I love my Sunday School class and I am faithful in being a door greeter. I also love playing basketball with my classmates, hunting, and shooting sports through YHEC.

My favorite project I have done through 4-H has been my beef project. At the beginning of this 4-H year I was able to see my steer project all the way through to meat on the table. I was given the privilege of seeing his carcass hang and learned a lot about meat quality. Moving into my new beef project that I was able to show at a jackpot and at the Livestock Expo this year, I focused on learning the feed going into the steer. The quality of feed makes a difference in the quality of meat you will provide to the consumer. With my beef project I was able to sell half the meat to my grandfather in exchange for a heifer to start my own herd. In the future this will provide an income for years to come. This will make me a Jolly Rancher!! I received recognition on my steer at the Jingle Bell jackpot with a Breed Grand Champion and the Livestock Expo with a 2nd place in my class and pulling into the Reserve Champion drive.

I have had a year of many great and different opportunities. I have been able to judge

livestock, horses and livestock skillathon virtually. I have never done this virtually before, but appreciated being able to be a part of it. I enjoyed it and tried new contests I have never done before. It being virtual opened up a door for me to discover new things and I think I might just stick with livestock skillathon along with my love I already had for livestock judging.

The year 2020 has brought some changes for my 4-H year. I have shown pigs in the past, but with a lot of unknowns...

Madison Manuelito

Senior Essay Winner San Juan County

My name is Madison Manuelito and I am 16 years old. I attend Kirtland Central High School in Kirtland, New Mexico as a sophomore. I also enjoy playing varsity soccer, golf, softball and basketball. My parents are Everett and Alicia Manuelito. I have one younger sister name, Tzeitel who is a Novice 4-H member. She has been so excited to finally participate as a 1st year Novice. Our family loves the values and knowledge 4-H teaches. We are an active family in our 4-H program here in San Juan County.

I am an active senior 4-H member of the Dreamweavers 4-H club. I have been apart of the 4-H program for the past

(See **Essays** on page 10)

CWF 2021 Summer Program

By Amy Zemler
State 4-H Activities Specialist

National 4-H is offering Citizenship Washington Focus virtually for 2021. Here is information on how the virtual program is set up.

Schedule

Instead of a full week of CWF and having young people online for multiple hours for multiple days in a row, CWF is offering a virtual, five-week, once-a-week program. So for instance, instead of signing up for a particular week of CWF, delegations can sign up for the Monday track of CWF. The sessions are a two-three hour session each night, which still allows for any school and/or job obligations that youth may have, while



also still giving an option to participate in this year's programming. National 4-H is currently planning for tracks on Sundays and Mondays.

Theme

The theme of this year's CWF is *Youth Voice*. How can young people use their voice to affect change throughout your community, state, and country? CWF will explore topics such as Civil Discourse, Informed Decision Making, Media Literacy,

and ways to assess the needs in your surrounding community to identify the best ways for young people to affect change. CWF will also introduce their enhanced Action Plan process called the Dolphin Tank (like the hit show Shark Tank, but with less bite!) CWF is extremely excited about being able to offer a virtual alternative this year!

Pricing and registration

The price for CWF 2021 is \$250. This includes a CWF box from 4-H Mall/Shop 4-H that is a small goody box that young people can use throughout the program.

Contact your County Extension Office at <http://aces.nmsu.edu/county> for more information on how to register and deadlines for CWF 2021.

Essays

(Continued from page 9)

nine years. I recently just finished my term as our San Juan County Council Reporter. Recently, I have turned in my application to run for the San Juan County Council Vice-President position for this new 4-H year. Finally, I recently accepted the secretary and treasurer position for my 4-H club. I enjoy the friendships I have made and 4-H opportunities I am encouraged to do. I also enjoy the support I receive from my 4-H club to participate at the club, district and state level.

The 4-H projects I enjoy the most are Market Lambs and

Market Steers. I enjoy being outside, working with my animals and competing in livestock shows. I love seeing my show lambs and steers grow, learn and finally be shown.

From the beginning of my 4-H years, I have always showed lambs. I started 4-H showing lambs, because my paternal grandma encouraged my dad. My dad and uncles grew up showing 4-H pigs and steers. My paternal grandma bought and helped me train my first lamb when I was six years old. I then showed in the booster show at

the Navajo Nation fair and won grand reserve. My paternal and maternal grandmas raise sheep for tradition and food. It wasn't as hard for me to transition to showing lambs.

This year, I did not purchase as many show animals as I normally would. I only purchased one lamb and steer to show, because my family didn't know if we would even have the fairs I participate in due to Covid-19. My parents agreed to these purchases because they figured if the pandemic got to the point we needed food...

2021 State 4-H Shooting Sports “Alternative State Championships”

*By Craig Painter
State 4-H Agent*

Due to Covid 19 and current NM Department of Health orders and New Mexico State University directives, an alternative to our State 4-H Shooting Sports Championships will be offered to our 4-H Senior members for a state competition and qualify teams for the National 4-H Shooting Sports Championships if they happen.

All 4-H activities will follow all regulations and restrictions for their specific county dealing with Covid safe practices and will be



adhered to without alterations. Teams will complete the course of fire exactly as it is stated in the rules, which are located at <https://aces.nmsu.edu/4h/> in their home county qualifier and will submit targets or scores depending on the discipline to the State 4-H Office by May 3, 2021.

In the event that we can gather in groups of 20 or less, in a specified location, we will take the top four (4) teams in

each discipline this summer to determine the top teams and determine final team placings. If current health restrictions prevent us from being face to face, all mail in scores will be used for team and individual awards as well as determination of national teams.

All individual awards will be taken from scores sent in and not at the “finals” to allow all participants to be eligible. Cost for the Alternative contest is \$10.00/participant/contest entered with a maximum of two contests. Contact your County Extension Agent for more information.

Shooting Sports Leader Certification

*By Craig Painter
State 4-H Agent*

Contact your County Extension Office if you are interested in being certified in a shooting sports discipline this spring. We are looking at putting together groups of 10 (8 participants and two leaders) in counties that have turned at least yellow in a day long training to get certified in a specific discipline. Participants will need to complete the initial training over history, introduction to 4-H shooting sports, creating high quality programs, and risk management that is now available on-line through Zing-books at a cost of \$20.00 to access that portion of the training. Contact your County Extension Agent for more information.

We do plan on having a fall training in October with the date and place to be determined.

2021 “Guide for Livestock Exhibitors”

The requirements for showing Junior Livestock in New Mexico can be found on the New Mexico 4-H Website <https://nm4h.nmsu.edu/> or the New Mexico Livestock Board website <https://www.nmlbonline.com/> All “show season” inspections must be done by July 15, 2021.

4-H Regional Livestock Schools

By Craig Painter
State 4-H Agent

Pending University and State Health regulations, we will again offer two 4-H regional livestock schools in different parts of the state.

The northern one is planned for Farmington at the McGee Park on June 10-11. Farmington will offer four tracks including:



Goat, Sheep, Swine and Livestock Judging. Deadline to register is June 1st at a cost of \$50.00. For more information, contact Zane Webster at (505) 334-9496. The southern

livestock school will be in Truth or Consequences at the County Fairgrounds on June 25-27. Tracks will include cattle, sheep, goat, and swine. Registration fee is \$50.00 and due by June 12th. For more information, contact Sara Marta at (575) 984-2375.

Both schools are open to everyone and can attend one or both!

2-Year-Old Western Pleasure Futurity and 3-Year-Old Versatility Nominations

By Craig Painter
State 4-H Agent

4-H'ers with advanced skills in horsemanship are eligible to nominate a two-year-old horse for the Western Pleasure Futurity and Showmanship Classic held each year during the State Fair 4-H Horse Show. Nominations are due in the State 4-H Office by May 1 of the current year.

Horses eligible for the two-year-old Western Pleasure

Futurity must be totally green, that is, having never received any riding by ANYONE other than the 4-H'er who nominates the horse to the Futurity. During the State 4-H Fair Horse Show, the horses will participate in three go-rounds of Western Pleasure. The horses properly nominated as two-year-olds to the Futurity are eligible the following year to enter the three-year-old Versatility Class. Advice and counsel on training techniques may come from outside sources,

however, the 4-H member must do all the riding and work on the Versatility Horse. The Versatility Class is held during the State Fair 4-H Horse Show. Nominations for the Versatility Class are due to the State 4-H Office by May 1 of the current year. Nomination forms and complete rules are available on the 4-H website under "Horse and Livestock Events." There is a \$20.00 nomination fee.

Forms Online for Horse and Livestock Events

- Adult Combined Liability Forms / Code of Conduct and Media Release 300-A.4. This combined form is REQUIRED for every 4-H event. This form replaces the former Medical Release, Code of Conduct, and Photo Release forms. <https://aces.nmsu.edu/4h/documents/adult-combined-liability-300a-4-form.pdf>
- Youth Combined Liability Forms / Code of Conduct and Media Release 300-A.3. This combined form is REQUIRED for every 4-H event. This form replaces the former Medical Release, Code of Conduct, and Photo Release forms. <https://aces.nmsu.edu/4h/documents/youth-combined-liability-300a-3-form.pdf>

Horse Certificates

By Craig Painter
State 4-H Agent

Horse Certificates need to be done every year or renewed every year with approval of the County Agent. The horse certificate is a form similar to a registration form. You can find it on the 4-H website under “Forms and Publications.” They are due on May 1 to the County Extension Office (not the State 4-H Office).

Horses get sold, traded, and/or leased and this is the purpose to do them each year. This is a unique aspect to the project. Horse Certificates are required for any sanctioned 4-H horse show. The only way that the agent can verify that the horse being used is the project horse, is for a 4-H member to document that they are the exhibitor, lessee, or owner of that particular horse.

Some counties also require those 4-H members in the rodeo project to submit horse certificates. It is strongly recommended that 4-H members submit a horse certificate for any horse that they may use as their project for the year.

4-H Rodeo

For more information about 4-H rodeo program, go to our website at: <http://nm4h.nmsu.edu> click on “Rodeo” link on the left side of the page.

Sanctioned state rodeos tentatively scheduled pending health regulations are:

- San Juan County
June 5-6, 2021
- Valencia County
July 10-11, 2021
- Quay County
July 30-31, 2021
- Santa Fe County
August 14-15, 2021
- Doña Ana County TBA
- State Finals, TBA

National 4-H Resources: 4-H at Home – Hands-on Activities for Kids

The hands-on educational resources 4-H is known for are available for at home activities! Whether you're a 4-H member, a virtual learner, a homeschooler or just looking for some quick and fun activities to take your interests to the next level, 4-H at Home has something for everyone. Here are some example resources to explore.

4-H at Home Activity Guides

Download over 100 activities to help kids continue doing and learning all year long. STEM, Crafting, & More | Grades Pre-K-12
<https://4-h.org/about/4-h-at-home/activity-guides/>



4-H Learning Experiences

Get the traditional 4-H experience at home with featured activity series like our Virtual 4-H Camp, 4-H Cooking Experience, and more!

- Health Rocks! (Healthy Living) <https://4-h.org/about/4-h-at-home/health-rocks/>
- 4-H Pollinators (STEM, Animal Sciences and more) <https://4-h.org/about/4-h-at-home/pollinators/>
- 4-H Space Exploration (STEM) <https://4-h.org/about/4-h-at-home/space-exploration/>
- 4-H Cooking Experience (Cooking and more) <https://4-h.org/about/4-h-at-home/cooking-activities/>

4-H Favorite Activities

- Building Bridges (Engineering) <https://4-h.org/about/4-h-at-home/building-bridges/>
- Can-Can Robot (Engineering) <https://4-h.org/about/4-h-at-home/build-can-can-robot-experiment/>
- Mind's Sky (Astronomy) <https://4-h.org/about/4-h-at-home/camp/stem/astronomy/>
- And more

Congratulations to our 2020 Home Economics Lettermen

Laura Bittner
Interim Extension Department Head
Extension and 4-H Youth Development Program

Any 4-H Member who is active in Home Economics Projects may “letter” in Home Economics. All that is necessary to “letter” is to complete the requirements in their age level and submit the appropriate forms to their County Extension Office by September 1. The first year a member letters they receive a “clover” letter as you would see on a lettermen jacket. Bronze, Silver, and Gold pins in the shape of the letter “H” are awarded in the respective age levels. A member can “letter” at anytime, even if they did not begin

as a novice, but they will receive the pin for the appropriate age level. Specific requirements and application forms are available on the State 4-H Website – <http://nm4h.nmsu.edu>.

2020 Lettermen Awardees:

Bronze Letter

Payton Henry, De Baca County
 Shane Henry, De Baca County
 Lacey McCollum, De Baca County
 Brandy Smith, Quay County

Gold Letter

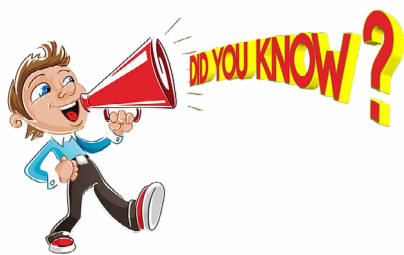
Savannah McSween, Gold County

NM State 4-H Calendar of Events 2021

Events	Dates
*Shooting Sports Leader Certification - Contact your County Extension Office	TBA for spring
JoAnn and 4-H Fundraiser campaign - Opportunity 4 All Learn more at https://4-h.org/ways-to-give/corporate-foundation-support/our-supporters/joann-fabric-and-craft-stores/	Now through Apr. 30
Community Service Scholarship Applications for Officer and Ambassador Positions are due to the State 4-H Office – Amy Zemler, 575-646-5204	Apr. 1
Community Service Scholarship Dog School are due to the State 4-H Office – Amy Zemler, 575-646-5204	Apr. 15
Community Service Scholarship Applications for Livestock Schools are due to the State 4-H Office – Amy Zemler, 575-646-5204	Apr. 15
Community Service Scholarship Applications for State 4-H Conference are due to the State 4-H Office – Amy Zemler, 575-646-5204	Apr. 15
Youth Get-Away (Virtual) – Amy Zemler, 575-646-5204	Apr. 16-17
*Shooting Sports State Championship (Whittington Center, Raton, NM) - Craig Painter, 575-646-5472. Contact your County Extension Office for registration deadline.	Apr. 29-May 2
2-Year-Old Western Pleasure Futurity and 3-Year-Old Versatility Nominations are due to the State 4-H Office - Craig Painter, 575-646-5472	May 1
Horse Certificates are due to your County Extension Office - Craig Painter, 575-646-5472	May 1
*Contact your County Extension Office for application and registration deadline.	-----

“Leadership and Learning are Indispensable to each other.” ~John F. Kennedy

Leader Publications



Did you know that we have publications on our State 4-H website for Adult Leaders? You can find the following below at <https://aces.nmsu.edu/4h/adult-leader-publication.html>.

- New Mexico 4-H Club Leaders' Handbook
- Active Teaching - Active Learning (Teaching Techniques)
- What is 4-H?
- Starting a 4-H Club or Group
- Planning and Conducting 4-H Club Meetings
- Leadership and Teaching Techniques
- 4-H Fair Exhibit Judging
- Working With Other Volunteers
- A 4-H'er's Guide To Basic Table Manners
- A 4-H'er's Guide to Buffet Line Etiquette
- A 4-H'er's Guide to Properly Eating Pasta
- 4-H Project Leader Training
- Effective Meetings by Alabama Coop Extension
- New Mexico 4-H Cloverbuds
- For The Well-Being of Youth and Adults
- Making 4-H Posters
- Recreation Rampage

NM State 4-H Calendar of Events 2021

Events	Dates
2021 State 4-H Shooting Sports "Alternative State Championships" Teams complete the course of fire as stated in rules in their home county qualifier and will submit targets or scores to the State 4-H Office by this date. Contact Craig Painter, 575-646-5472	May 3
State 4-H Leadership Team Applications are due in the State 4-H Office - Cheryl Butterfield, 575-646-1156	June 1
*Sanctioned 4-H Rodeo (San Juan County) - 505-334-9496	June 5-6 Tentative
*State 4-H Horse School - Craig Painter, 575-626-5472. Contact your County Extension Office for registration deadline.	June 7-10
*4-H Regional Livestock Schools - Northern Region (Farmington, NM - McGee Park). Note: Deadline to register is June 1st. Contact Zane Webster - 505-334-9496	June 10-11
*4-H Regional Livestock Schools - Southern Region (Truth or Consequences, NM - County Fairgrounds). Note: Deadline to register is June 15th. Contact Sara Marta - 575-984-2375	June 25-27
*Citizenship Washington Focus (CWF) 2021 Summer Program (Virtual) - Theme: Youth Voice - see article on page 10 in this issue. Contact your County Extension Office for registration information and deadlines.	TBA
*Sanctioned 4-H Rodeo (Valencia County) - 505-565-3002	July 10-11 Tentative
2021 Guide for Livestock Exhibitors - All show season inspections must be done by this date.	July 15
*Sanctioned 4-H Rodeo (Quay County) - 575-461-0562	July 30-31 Tentative
*Contact your County Extension Office for application and registration deadline.	-----

Being Super with 4-H

By *Amy Zemler*
State 4-H Activities Specialist

Youth Get-Away (YGA) 2021, will be held on Zoom this year and is scheduled for April 16-17, 2021. The theme this year is Being Super with 4-H. Youth will be participating in workshops covering dairy foods, cake decorating, wildlife, gardening, jewelry making, healthy living, innovators and many more!

The community service project will be a canned food drive. The items gathered will be donated back to a designated food bank within your county. Whichever county that collects the most gets to 'pie in the face' a State 4-H Leadership Team member. Members of the 4-H community can take part in the community service project by donating or helping the novice and junior youth collect the canned foods. For information about the community service project and the organization it will be benefiting, contact your County Extension Office.



Return Service Requested

State 4-H Office, MSC 3AE
New Mexico State University
PO Box 30003
Las Cruces NM 88003-8003

