

Kids on the Grow Content Standards
Growing on My Own
Project Activity Guide Grades 3-4

Project Area Skill (PAS) refers to the subject matter based skill which youth demonstrate in relation to the correlating content standard.

Objectives:

Career Readiness:

2. Students will utilize and manage resources effectively to produce quality services and products.

Benchmarks: K-4: B

Project Area Skill: The youth will make crafts using a variety of materials. They will create story masks to show how people display different emotions and a “toy inspector” which they can use to inspect their younger siblings toys to make sure they are not small enough to choke on.

3. Students will demonstrate the technological knowledge and skills required for future careers.

Benchmarks: K-4: A,C,D

Project Area Skill: The youth will use tools such as scissors, glue and paint to construct craft projects. They will use their projects to explore their growth and help others to learn about themselves.

4. Students will develop and demonstrate responsible and ethical workplace behaviors.

Benchmarks: K-4: A,C,D,

Project Area Skill: The youth will learn about time management and self motivation skills. They will also learn the importance of adding “fun and relaxing” activities into their schedules to reduce stress.

5. Students will develop effective leadership, interpersonal, and team skills.

Benchmarks: K-4: A,B,D

Project Area Skill: The youth will participate in activities which will help them to identify themselves. They are encouraged to participate in “more to grow on” activities by which they will lead their friends and relatives in activities to encourage self awareness in others.

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Project Area Skill (PAS) refers to the subject matter based skill which youth demonstrate in relation to the correlating content standard.

Objectives:

Health-

- 1. Students will comprehend concepts related to health promotion and disease prevention.**

Benchmarks: K-4: A,E

Project Area Skill: The youth will participate in activities to examine their personal health. Aspects such as displaying emotion and the importance of being active are highly emphasized.

- 3. Students will demonstrate the ability to practice health enhancing behaviors and reduce health risks.**

Benchmarks: K-4: A,B,D,G

Project Area Skill: The youth will participate in activities such as recording daily activity during the week. The chart has a point system for every day the youth works out and at the end of the week he or she can see how well they have done. They are also encouraged to identify emotions, their own and others and how to react to them. Practicing activities such as these will instill knowledge of healthy living that the youth may choose to use for the rest of their lives.

5. Students will demonstrate the ability to use interpersonal communication skills to enhance health.

Benchmarks: K-4: A,C,D

Project Area Skill: The youth will learn why some people demonstrate different emotions to the same situation. They will be encouraged to “see behind the mask” that people put on to hide their emotions and discuss how to help friends express their real feelings.

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Project Area Skill (PAS) refers to the subject matter based skill which youth demonstrate in relation to the correlating content standard.

Objectives:

Physical Education-

- 3. Exhibits knowledge and ability to participate in a physically active lifestyle.**

Benchmarks: K-4: A,B

Project Area Skill: The youth will participate in an activity that will allow them to record the fun physical activities they do during the week. Using a point system they will see what a healthy amount of activity is during the week.

- 4. Achieves and maintains a health-enhancing level of physical fitness.**

Benchmarks: K-4: A

Project Area Skill: The youth will identify the physical activity they participate in during one week. These activities will differ and be in a variety of places where the youth live.

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Project Area Skill (PAS) refers to the subject matter based skill which youth demonstrate in relation to the correlating content standard.

Objectives:

Language Arts-

- 1. Reading and Listening for Comprehension: students will apply strategies and skills to comprehend information that is read, heard and viewed.**

Benchmarks: K-4: C

Project Area Skill: The youth will write in charts and create pictures and projects as designated in the activity. They will then analyze their findings by looking at what they have done by answering comprehensive questions listed at the end of each activity.

- 2. Writing and Speaking for Expression: students will communicate effectively through speaking and writing.**

Benchmarks: K-4: A,C

Project Area Skill: The youth will be asked open-ended questions at the end of the activity to describe what they have learned about themselves and their community.

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Project Area Skill (PAS) refers to the subject matter based skill which youth demonstrate in relation to the correlating content standard.

Objectives:

Math-

- 1. Data Analysis and Probability: students will understand how to formulate questions, analyze data, and determine probabilities.**

Benchmarks: K-4: A,C

Project Area Skill: The youth will record data in charts, draw pictures and analyze drawings to learn about themselves and answer comprehensive questions listed at the end of each activity.